



S.E. Rybicki

Author • Story Mentor • Host of the Rybickulous Faith Podcast

Helping people share their story **without shame, without oversharing, and with purpose.**

Signature Keynote

Own Your Story: Taking Back the Narrative Without Carrying the Shame

In a culture that celebrates radical transparency, many people feel pressure to share every painful detail of their past. But what if owning your story doesn't mean exposing everything?

Author and storyteller **S.E. Rybicki** shares the powerful lesson she learned while writing her memoir *Lost Valley Road: My Dirt Road to Jesus* — that healing doesn't require public disclosure, and testimony isn't meant to bleed everywhere.

Through humor, personal insight, and faith-rooted wisdom, Sarah challenges audiences to rethink what it means to “tell your story” and offers a framework for sharing experiences in a way that promotes healing, growth, and purpose.

Audience members will walk away understanding:

- The difference between **oversharing and ownership**
 - How to share their story without retraumatizing themselves or others
 - Why testimony should point to redemption, not just pain
 - How their story can become a **bridge for someone else**
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About S.E. Rybicki

S.E. Rybicki (Sarah) is a Christian author, podcast host, and founder of **Rybickulous Faith**, a platform dedicated to honest conversations about faith, redemption, and real-life transformation.

She is the author of multiple faith-centered books including *Lost Valley Road: My Dirt Road to Jesus*, a memoir chronicling her journey through hardship, healing, and surrender to God.

Through her podcast, writing, and the **Own Your Story Experience**, Sarah helps individuals reclaim their narrative and share their testimony in ways that inspire hope, healing, and deeper faith.


She lives in South Carolina with her husband and three children.

Speaking Topics

Sarah speaks to churches, conferences, women's groups, and faith communities on topics including:

- Owning Your Story Without Oversharing
 - Testimony, Redemption, and Discernment
 - Faith Without the Filter
 - Turning Pain into Purpose
 - Writing and Sharing Your Testimony
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Featured Work


 *Lost Valley Road: My Dirt Road to Jesus*

 Host of the **Rybickulous Faith Podcast**

 Creator of the **Own Your Story Experience**

Booking & Contact

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